

**WHITE
TO
BLACK
COACHING PROGRAMME**



**ENGLISH PARTNERSHIP FOR
SNOOKER AND BILLIARDS**

**The WPBSA has given permission to the ABSC
to adopt this program nationally**



Introduction

The White to Black scheme was developed as part of the WPBSA World Snooker Coaching programme.

It's aim to provide a structured systematic coaching programme to coaching players of the game of snooker to various levels of competence in line with their ability.

It is delivered i.e. coached and assessed by qualified coach's of the WPBSA within the English Partnership for Snooker and Billiards (EPSB).

It is recommended players begin at the introductory white level and progress to the black level where possible.

It's is also recommended that additional material can be added to enhance delivery or support the needs of the player but the standard of the pass rate remains as is laid out in this document.



WHITE BALL CURRICULUM

Objective- the player should be able to identify and set up a table for a frame of snooker and use equipment to play a complete frame The player should understand the scoring rules of the game in order to complete an assessed frame The player should demonstrate how to ...

- Identify all the equipment required for a frame of Snooker.
- Set up the table for a frame of snooker.
- Understand and demonstrate how to assemble a cue and use chalk.
- Demonstrate how to hold a cue.
- Demonstrate how to hit an object ball with the cue on a consistent basis in order to complete a frame.
- Demonstrate sportsmanship before, during and after a frame of snooker.

RED BALL CURRICULUM

Performance Activities (Allow Five attempts)

1. Play the cue ball off the brown spot, up the table over the blue, pink and black spots, and back again. Part of the cue ball must cross The Baulk line, Put reds each side of the spots 4 balls width apart as a guide for the cue ball.

(Cueing Straight)

2. Pot the cue ball into the green middle and corner pockets off the green spot Also into yellow middle and corner, off the yellow spot.

(Pot White)

3. Pot six consecutive reds (placed over each pocket) starting from baulk.

(Beginners Reds)

4. Place the cue ball on the blue spot, using the rest pot the cue ball into the four corner pockets.

(Blue Spot Rest)

Questions to support knowledge and understanding

1. What is the correct name for the bottom area of the table (the area where the 'D' is situated)?
2. Which is the top and which is the bottom cushion on the table?
3. Name 2 Parts of a snooker cue?
4. What must you do if you commit a foul stroke that you think no one has seen?
5. How far away from the cue ball (white) do you think your tip should be at the start of your cue action?

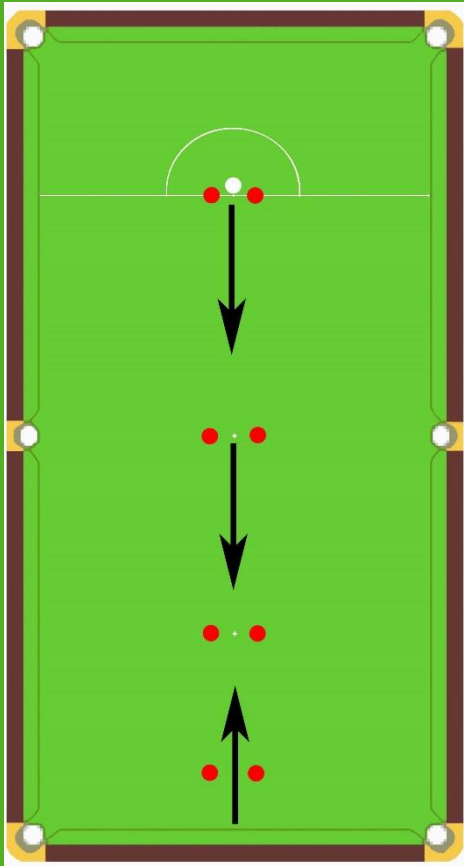
Observation Criteria

1. Approach/Line of the shot.
2. Stance ,bridge and Cue Action.
3. Rest play.

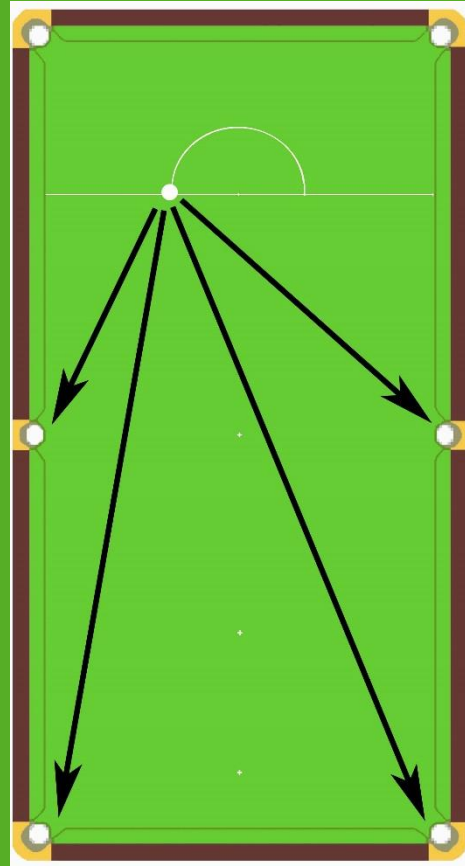


RED BALL CURRICULUM

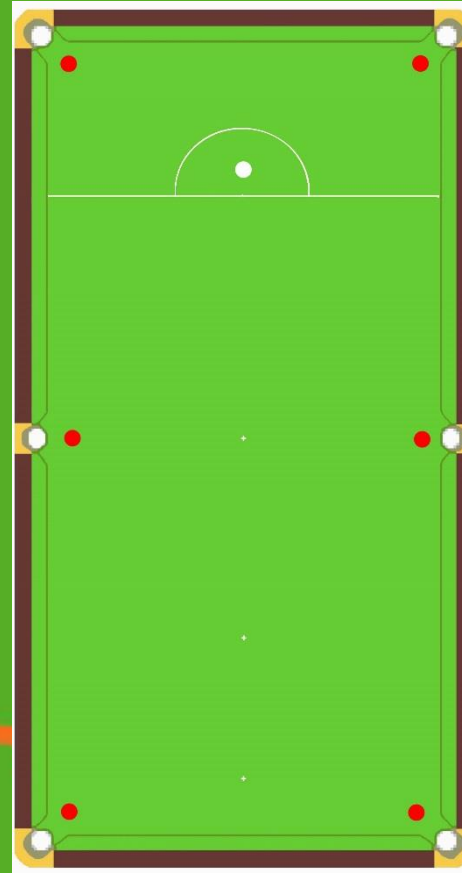
1. Cueing Straight



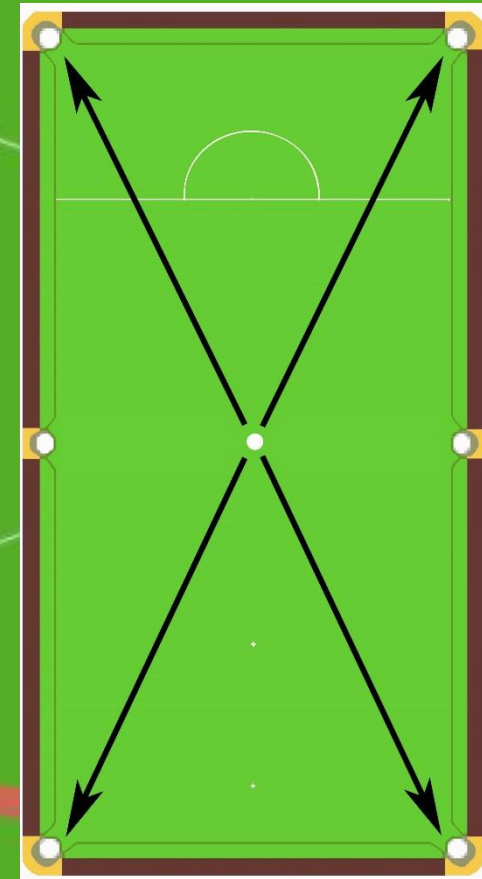
2. Pot White



3. Beginners Reds



4. Blue Spot Rest





YELLOW BALL CURRICULUM

Performance Activities (Allow Five attempts)

1 Play the cue ball from the Green or Yellow pocket towards the top black cushion and back down the table to pot the red. (**Angles**)

2 Start anywhere on the table with the cue ball and attempt to pot any 5 balls. (**Beginners Line Up**)

3. Pot the blue, pink and brown straight off their spots, from both sides of the table. (run through)
(**Blue ,Pink , Black**)

4. Starting with the white in the 'D' and the colours **two balls width** into the table, (as in the diagram) pot the colours in the correct order.
(**Beginners colours 1**)

Questions to support knowledge and understanding

1. What is the 'nap' of the cloth and which way does it lay ?
2. Explain which way you should brush and iron the cloth and why?
3. What is Regarded as a maximum break in snooker?
4. Why should we have a brief pause in a cue action?

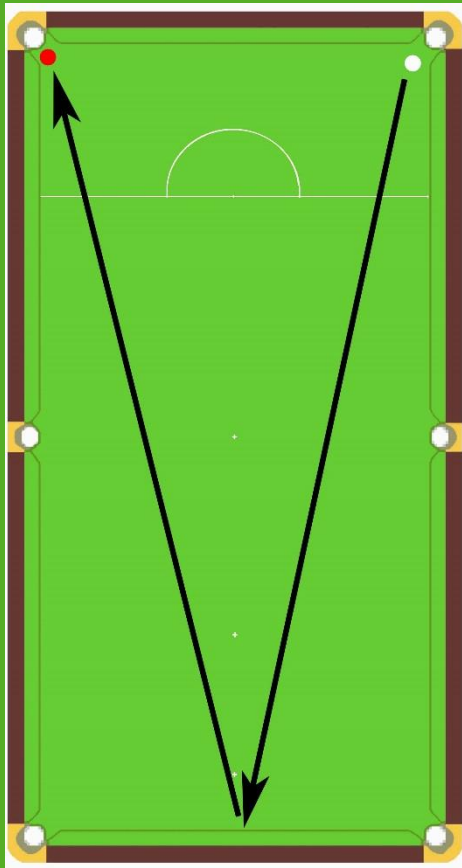
Observation Criteria

1. Cue action and pause.
2. Remaining still on the shot.

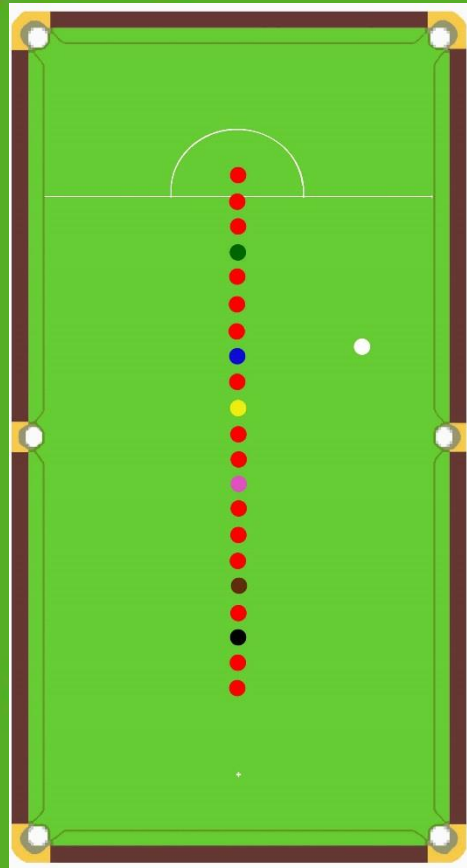


YELLOW BALL CURRICULUM

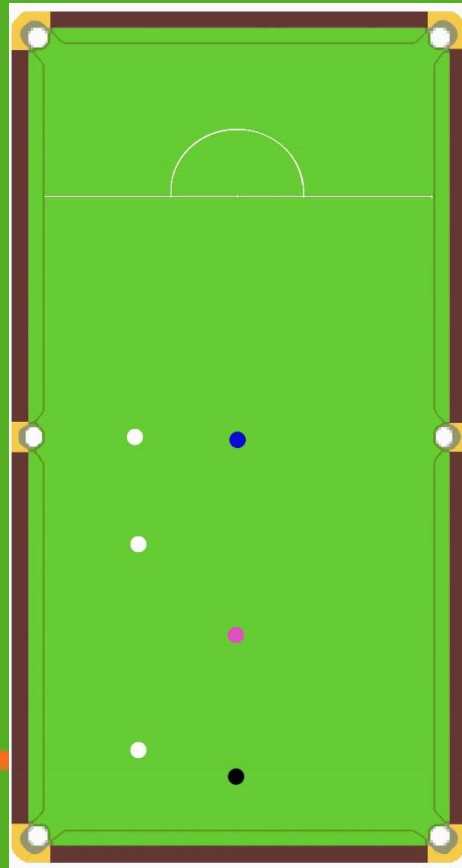
1. Angles



2. Beginners Line Up



3. Blue ,Pink , Black



4. Beginners colours



GREEN BALL CURRICULUM

Performance Activities (Allow Five attempts)

1. Play the cue ball from the yellow spot to the green spot in more than 5 shots. (Inside the "D")

(Yellow To Green)

2. Pot the blue, brown and pink straight, from both sides of the table. (stun and screw)

(Blue ,Pink , Black)

3. Start by potting a red and then any colour proceed to clear the table , place the balls at least two balls width into the table.

(Beginners colours 2)

4. Pot the yellow, green and brown in sequence, off their spots, hitting a side cushion with the cue ball on the first shot.

(Yellow Green Brown)

Questions to support knowledge and understanding

1. Where does a coloured ball go after it has been potted, when its own spot is occupied?
2. Where does it go when all spots are occupied?
3. How many points are available on the table when there is one red and all the colours remaining?
4. Explain what term "Ball on" means?

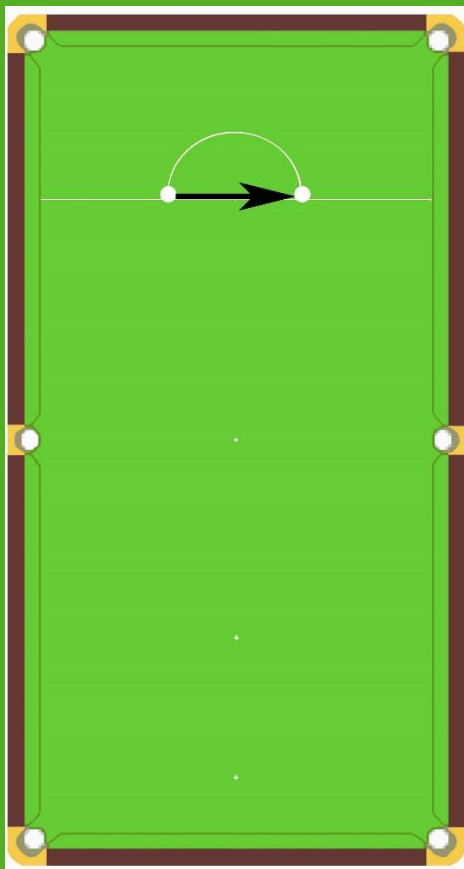
Observation Criteria

1. Grip
2. Correct length of backswing

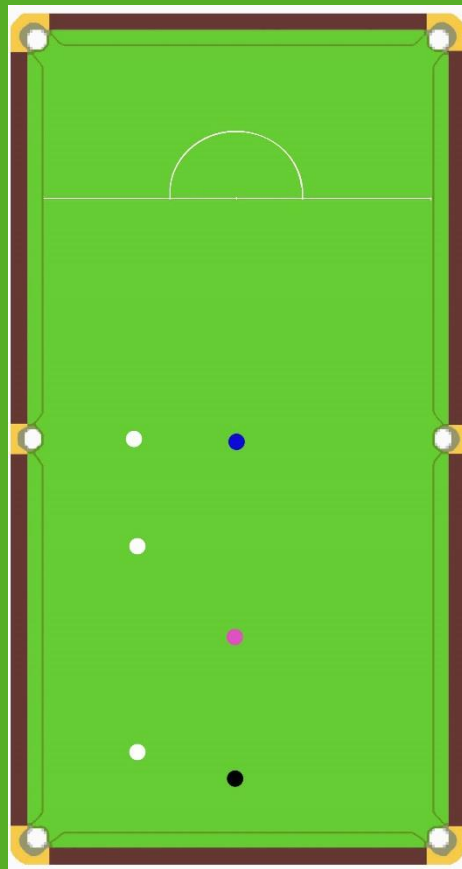


GREEN BALL CURRICULUM

1. Yellow To Green



2. Blue, Pink, Black



3. Beginners colours 2



4. Yellow Green Brown





BROWN BALL CURRICULUM

Performance Activities (Allow Five attempts)

1. Place the cue ball touching the bottom cushion directly behind the brown spot. Pot the cue ball into the middle and far corner pockets. Repeat this from the top cushion, directly behind the black spot.

(Pot White Cushion)

2. Pot the blue into the middle pockets from both sides of the table, playing $\frac{3}{4}$, $\frac{1}{2}$, $\frac{1}{4}$ ball and fine cut contacts.

(Blue Cut)

3. Pot five consecutive blacks off the spot, playing the next shot from where the cue ball finishes. The cue ball must strike a cushion on the first shot.

(Five Blacks)

3a. As (3) but with the pink ball. (top corner and middle pockets only)

3b. As (3) but with the blue ball. The cue ball must hit either the top or bottom cushion on the first shot. (middle pockets only)

4. Put the cue ball on the brown spot, the blue on its own spot, play the blue on the top cushion and back to get a cannon with the cue ball around the pink spot.

(Blue Ball Cannon)

Questions to support knowledge and understanding

1. What is a free ball?

2. When is the only time a player can snooker their opponent behind a free ball?

3. Can you play a free ball onto the ball normally on, to pot it?

4. Where should your eyes be looking just before your tip makes contact with the cue ball, and for the remainder of the shot?

Observation Criteria

1. Shortening up the backhand on Activity No.

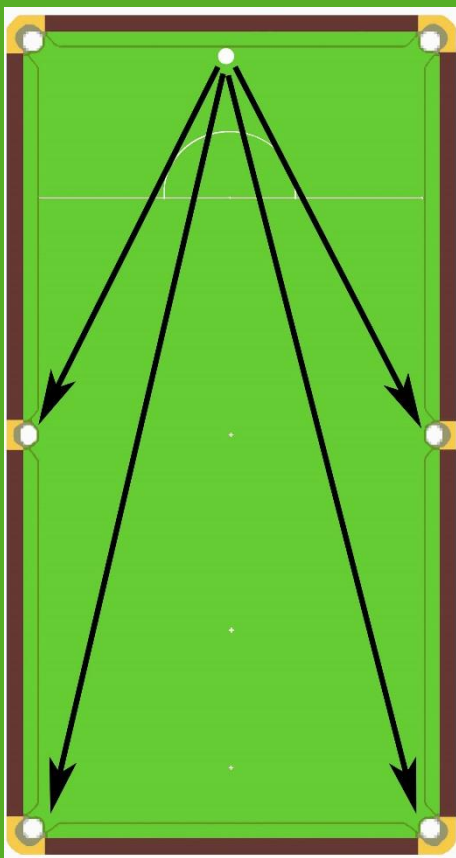
2. Staying down on the shot.

3. Eyes finishing down the line of the shot and on the object ball.



BROWN BALL CURRICULUM

1. Pot White Cushion



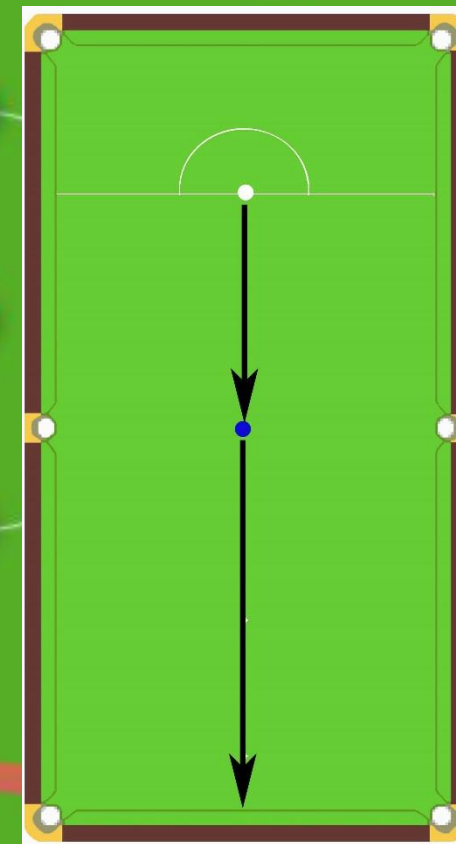
2. Blue Cut



3. Five Blacks



4. Blue Ball Cannon





BLUE BALL CURRICULUM

Performance Activities (Allow Five attempts)

1. Pot the colours in their sequence off their spots.
(The Colours)

2. Pot five consecutive blues off the spot, with all the colours on their spots, striking the bottom cushion with the cue ball, with the first shot.
(Five Blues)

3. Place the blue ball and the cue ball diagonally straight into a top pocket with the white on the baulk line pot 8 out of 20 blues. (Ten Each side)
(8 out of 20 blues)

4. Place the cue ball on the brown spot and put a red over the two middle and two bottom pockets, playing the cue ball, plain ball off the top cushion first, pot all four balls also play this off the black spot, hitting the bottom cushion first.
(Angles 2)

Questions to support knowledge and understanding

1. Why must you never toss coins on the bed of the cloth, or cushions?
2. What kind of dress code should you adopt when playing snooker, especially in competitions?
3. What is a re-rack?

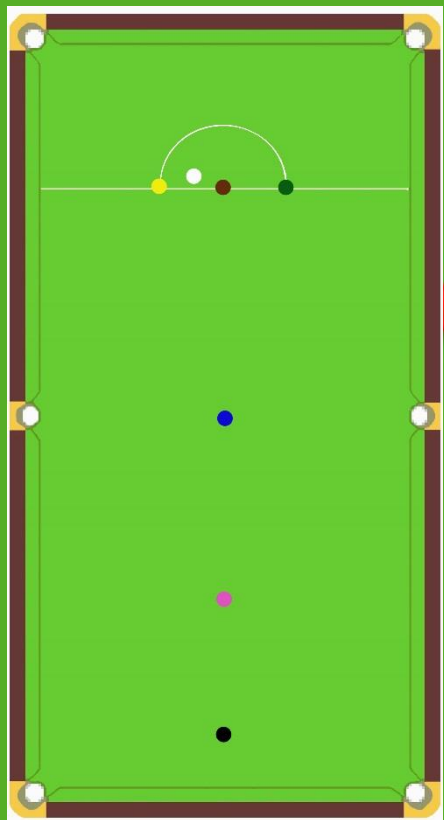
Observation Criteria

1. General technique
2. Rest play

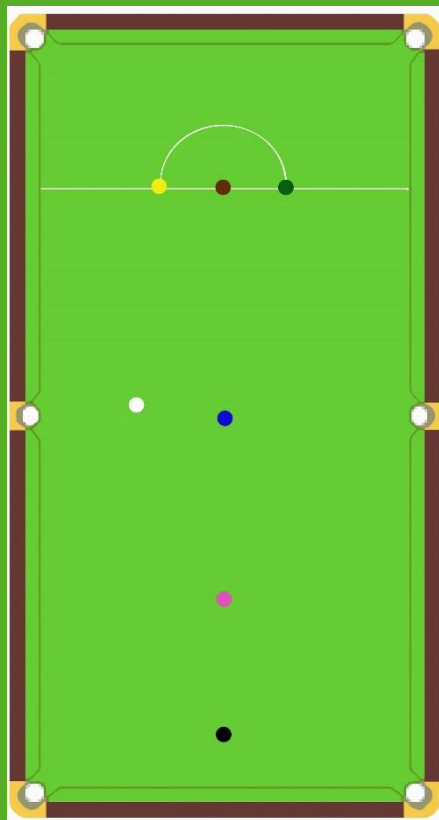


BLUE BALL CURRICULUM

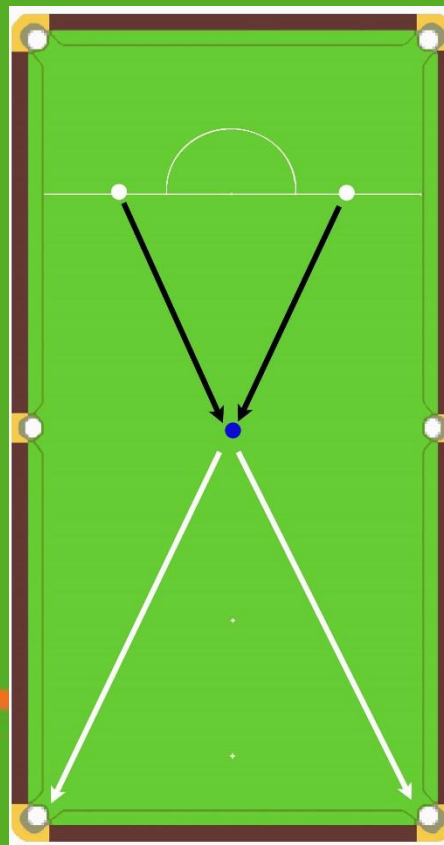
1. The Colours



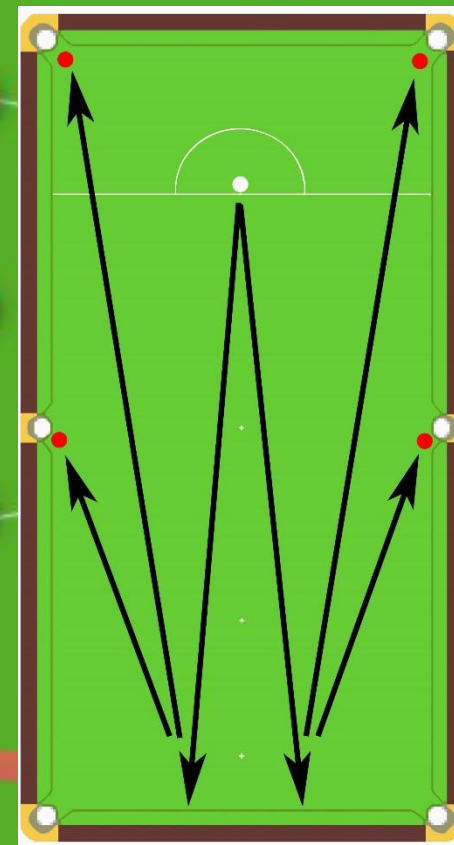
2. Five Blues



3. 8 out of 20 Blues



4. Angles 2





PINK BALL CURRICULUM

Performance Activities (Allow Five attempts)

1. Place the cue ball in a position to pot the blue and cannon a red off the cushion do both sides. Cannon a minimum of 3 out of five reds on each side in 10 shots or less.

(Blue Ball Cannons)

2. Place five reds parallel to the baulk line, approximately halfway between the brown and blue spots. Place the cue ball on the baulk line, each time playing a straight pot into a top corner pocket. (three out of five)

(Five Straight Reds)

3. Place the reds where shown and clear all the reds .

(The "+" Routine)

4. Make a forty plus break on the line up. Two reds between the black and the top cushion.

(The Line Up 40+)

Questions to support knowledge and understanding

1. Give the definition of a push shot.
2. What options has a player got when the cue ball is touching? (i) A red before and after a pot? (ii) A colour before and after a pot?
3. When can you ask your opponent to play again?
4. What is a jump shot?

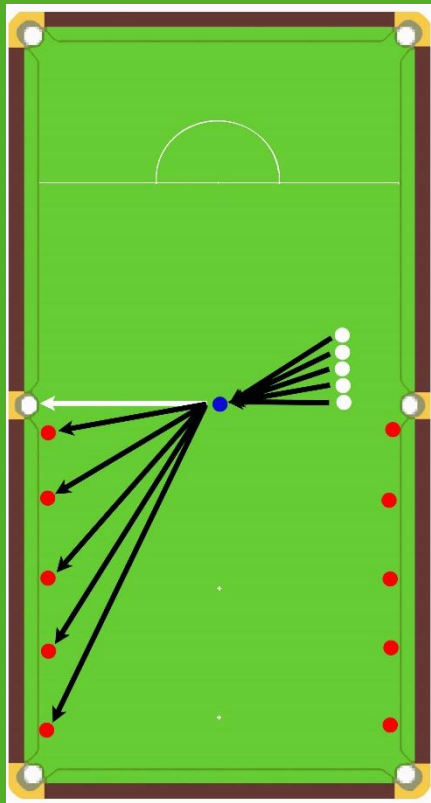
Observation Criteria

1. Rest play.
2. General technique.
3. Back hand inside vertical on Activity No.3

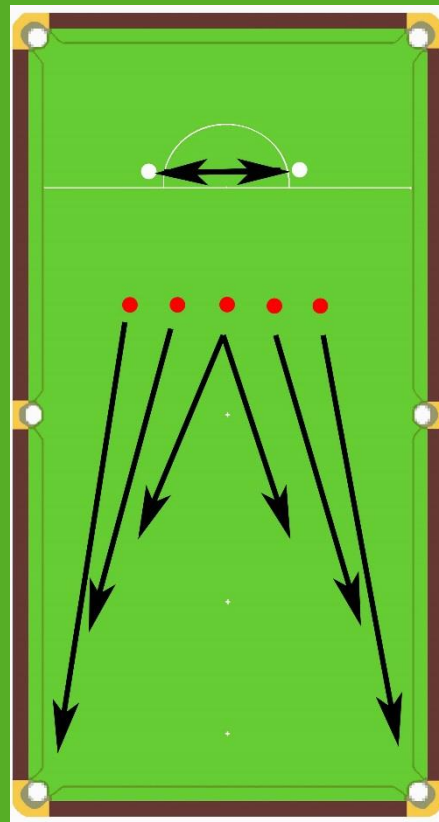


PINK BALL CURRICULUM

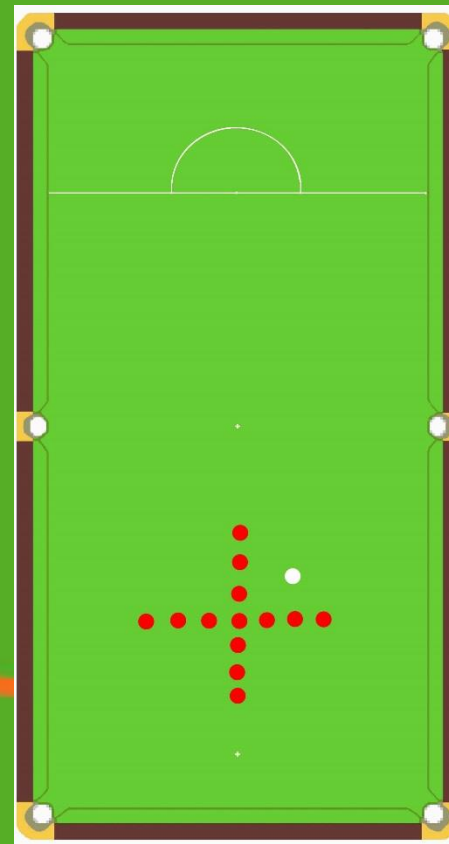
1. Blue Ball Cannons



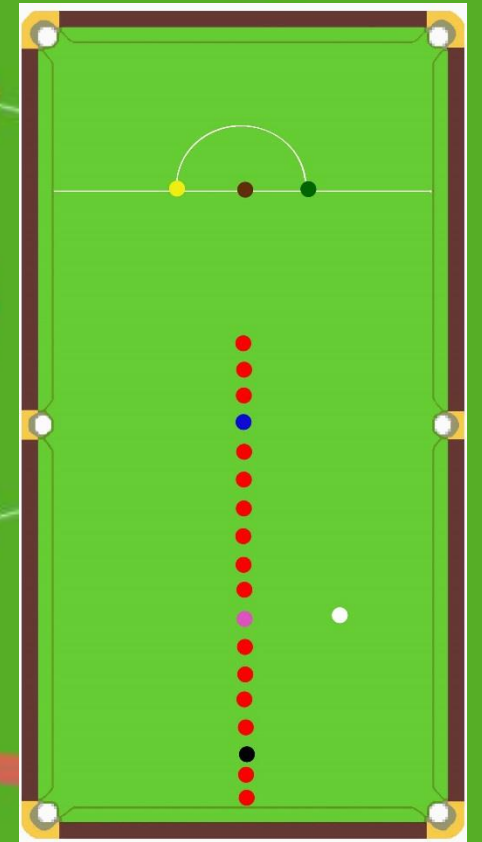
2. Five Straight Reds



3. The "+" Routine



4. The Line Up 40 +





BLACK BALL CURRICULUM

Performance Activities (Allow Five attempts)

1. Start by potting a blue in any pocket, replace it back on its spot then pot a red followed by another blue till all reds are potted and have been taken with a blue.

(Blue And Reds)

2. Place the cue ball in a position to pot the black and cannon a red off the cushion do both sides. Cannon a minimum of 3 out of five reds on each side in 10 shots or less.

(Black Ball Cannons)

3. Make a fifty plus break on the line up, hitting a cushion every time with the cue ball. Two reds between the black and top cushion.

(The Line Up Cushion)

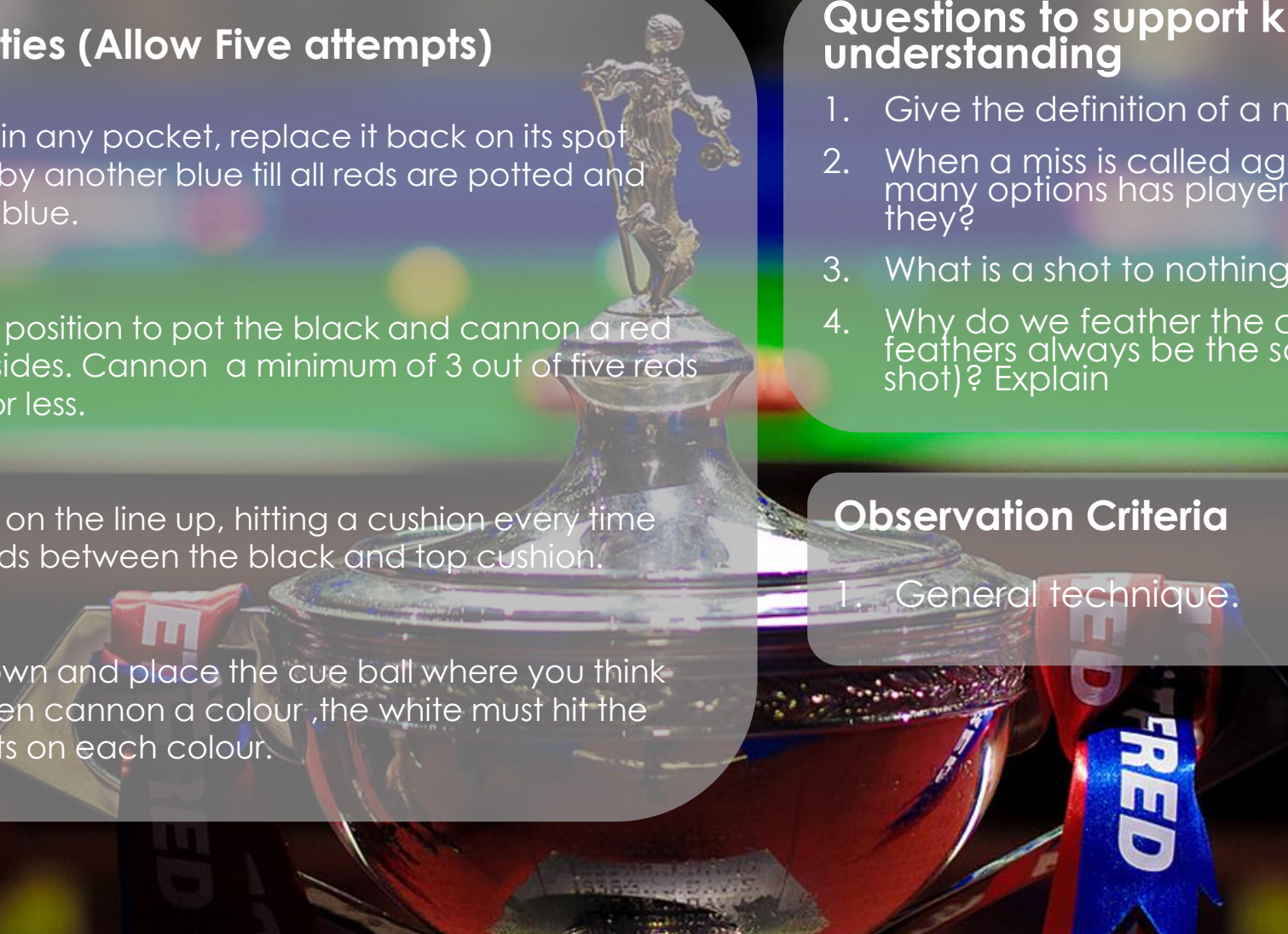
4. Place all colours as shown and place the cue ball where you think you will pot the red to then cannon a colour, the white must hit the black cushion. 5 attempts on each colour.

Questions to support knowledge and understanding

1. Give the definition of a miss.
2. When a miss is called against a player A, how many options has player B got, and what are they?
3. What is a shot to nothing?
4. Why do we feather the cue ball? Should your feathers always be the same length (for every shot)? Explain

Observation Criteria

1. General technique.



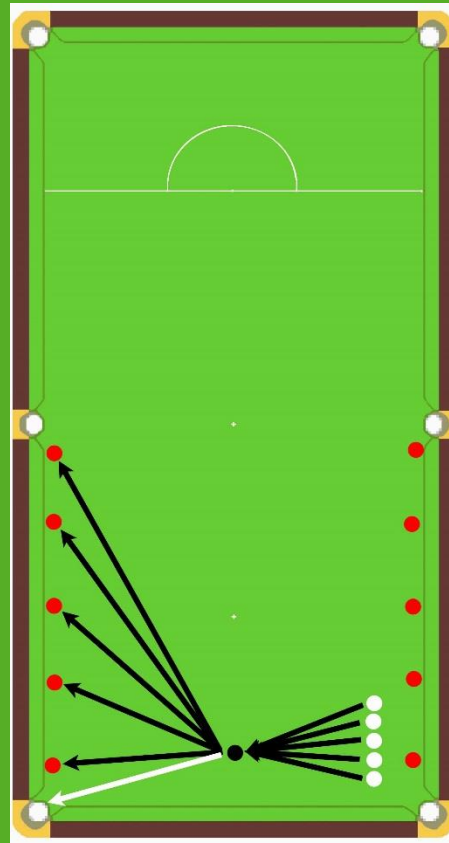


BLACK BALL CURRICULUM

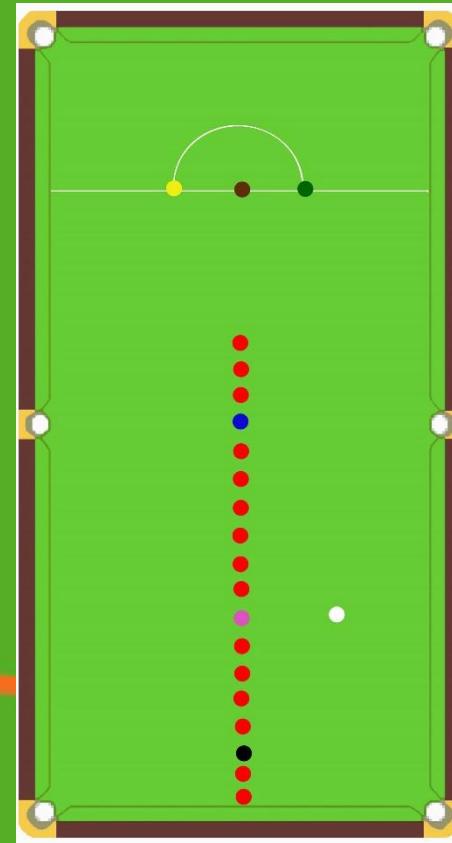
1. Blue and Reds



2. Black Ball Cannons



3. The Line Up Cushion



4. Pot Red Cannon



Disclaimer – ‘White to Black’ Programme

The World Professional Billiards and Snooker Association have officially granted permission for the use of the ‘White to Black’ training programme within the Australian Billiards and Snooker Council, and its affiliates, training activities.

The WPBSA will review this status on an ongoing basis. In the event the WPBSA believe the programme is not being delivered to a standard the WPBSA considers appropriate, the WPBSA has reserved the right to remove this permission.

Coaches delivering this programme in Australia must have a minimum of ABSC Level 1 Coaching accreditation. All Coaches must also be trained in the delivery of the ‘White to Black’ Programme and be a financial member and registered with an affiliated body of the ABSC.

All ABSC accredited coaches must have undergone regulatory National Police checks, Working With Children checks and have successfully completed the ASADA eLearning level 1 module and produce certificates confirming this.

